

The Time of Kairos

by the Very Rev. Alston B. Johnson alston@stmarkscathedral.net

"The object of a New Year is not that we should have a new year. It is that we should have a new soul."

— G. K. Chesterton

One of the most important spiritual teachers that I met through the years was Mary Hall, a professor of English and Ancient literature at the University of Vermont. Dr. Hall had the gift of sharing insights into literature and philosophy as though she were sharing travel stories from a distant country or planet that she regularly visited. She spoke of the work of Plato, the Gospels, Shakespeare, Blake, and countless others as though she were their personal friend and confidant. Her vocation as a teacher and a Christian was inviting her students to share in those discoveries.

"To see a World in a Grain of Sand And a Heaven in a Wild Flower, Hold Infinity in the palm of your hand And Eternity in an hour." — Blake

"Our birth is but a sleep and a forgetting." — Wordsworth

A lesson that she helped me learn is that chronological time, and the time experienced in the heights and depths of the soul, are sometimes moving at different speeds and with different purpose. Visiting her office, or visiting **St. Mark's Cathedral Annual Meeting** January 27, 2019 Immediately after the 10:30 a.m. service in the Parish Hall. Annual reports will be given and Vestry elections will be held. Lunch will be served. **Everybody come!**



home, when I would complain of being busy, or show the obvious signs of stress and wear that come with too much study, she would caution me about the fetish of overwork for the sake of pride or proving something. Dr. Hall would acknowledge the trophies I was gathering in the classroom, but she would always invite me to look higher, see farther, and fall

more deeply into a mysterious "knowing" of God over which calendars and clocks and schedules have little sway.

She introduced me to a word in ancient Greek – Kairos – a word for time that communicates the moment an opening appears within events, offering the critical moment of decision and action. I find that most athletes and musicians and entrepreneurs often have an instinctive sense of the importance of the "moment." It is the moment of action, the moment of decision, the season for meaningful thought and behavior. In the New Testament, Kairos appears

To love and serve Christ. To love and serve one another in Christ. To love and serve the world for Christ.

SUNDAY WORSHIP

8:00 am, 10:30 am & 6:00 pm Sunday Holy Eucharist Holy Unction offered at 8:00 am, 10:30 am and 6:00 pm 5:30 pm Friday Holy Eucharist (uses the Sunday Propers)

JANUARY 6, 2019 The Epiphany

Isaiah 60 :1-6 Psalm 72 :1-7, 10-14 Ephesians 3 :1-12 Matthew 2 :1-12

JANUARY 13, 2019 The First Sunday after the Epiphany: The Baptism of Our Lord

Isaiah 43 :1-7 Psalm 29

Acts 8 :14-17 Luke 3 :15-17, 21-22

JANUARY 20, 2019 The Second Sunday after the Epiphany

Isaiah 62:1-5 Psalm 36:5-10 1 Corinthians 12 :1-11 John 2:1-11

JANUARY 27, 2019 The Third Sunday after the Epiphany

Nehemiah 8:1-3, 5-6, 8-10 1 Corinthians 12:12-31a Psalm 19

Luke 4:14-21

Weekday Worship at the Cathedral



(continued from page 1)

in the first few verses of Mark's Gospel - the time appointed by God for his purposes – The Kingdom of God is at hand. The hands on the clock of Kairos are not steel fingers plucking off notes by the second, the hour, the day, and the year. The hands of the clock that is Kairos, are the heartbeats of the newborn baby, the last breaths of a dying body, the tears of joy in the heart reborn, the swift quickening of dedicated purpose in the life of pursuing goals and victories. The hands of the clock that is Kairos are more often felt than seen; time moving across the human heart and soul like a breeze striking the wind chimes in the backyard, or like the lightning bolts of history upon which time and events move as on a hinge. The time of Kairos has the foretaste of something eternal, something that cannot quite fit into this world; it is the music and light of the next world breaking through the curtain of this world.

For me, Kairos is the "something new" breaking through the Chronology of something old, mortal, tried and tired.

The so called "New Year" brings these thoughts to my mind because my new year began on the calendar date December 2, 2018 – The First Sunday of Advent. Through the words of the poets and the philosophers, I can see that Dr. Hall was teaching me to make a kind of exchange regarding my perceptions of time and the meaning of its passing. In our worship, in our prayers, in our conversations with God, we are exchanging time as a limited commodity of mortal life, for time that is endlessly full of light and hope and whose chief value is that it is limit-less. The promise of Christ is that we will live forever, and we will live with Him.

I have a sense that this will be my resolution at the turning of the Gregorian Calendar – make a move into a deeper awareness of how my life is shaped by Kairos; or in the words of Philip Brooks,

"The only way to get rid of your past is to make a future out of it."

Blessings and Godspeed, Alston



Lost Anything at Church?

Or maybe you're just missing some item and have no idea where it might have gone. Drop by or call the church office and check into our lost and found! We have everything from sunglasses to scarves to cell phones to jewelry (including some very nice pieces.) Check and see what you're missing!

HAPPY BIRTHDAY

January 1 Carson Jones

2

Jack Goodrich Ann Shanley Michele Hardttner

Helen Herzog John Godwin John Paul Grigsby Claude Lockhart Faye Aaron

4

Andrea Giacalone Mary O'Brien Sean Stott Mae Smitherman Nickolas Gore

5

Curt McClure Charlotte Walter Sunni Burgess Jennifer Jones Erin Dicharry

6

Marti Westmoreland Shirleen McKay Julia Ameen

Eron Brainard Caroline Turnage

8 **Dosite Perkins Bevelyn Shotts** Robert Johnson

9 Iack Carlisle Beth Cantrell Holly Marshall Brady Howard Madeline Crawford

10 Yulonda Mayo Mary Katherine Clark Ben Hodges Teddy McMurry

11 Alden Woods

12

Sherry Martin **Reilly Weber** Gus Lea Mobley Carnie Camille Lofton

13

Jennifer Varnadore

14

John David Stewart Andy Hodges Tim Brown Derek Holtsclaw Lillian Comegys Sloan Hall Gardner McInnis Maisey McInnis 15

Lillian Landsperger Henry McMurry

16 Nancy Mobley Katie Mitchell Drew Larremore **Corinne Peterson**

17 Pat Turnage Kim Stroud Chadd Bylsma Brady Thompson

18 Carol Gamble **Rick Fisher**

19 Sherry Batchelor Gloria Haynes Katherine Van Hook **Christy Porter** Mary Margaret Thomas Julian Weaver 21 George Plaxco Donna McGaunn Claire Rebouche Paris Marsalis Mary Catherine Kneip Emily Pressly Theresa Johnson

20

22 Darcy Henagan Quintin Hardtner, IV Cynthia Peatross

24 Sara Herrington Briggs Mobley

25 Lissa Grounsell Gary Love Kelly Crawford Evan LeBleu lett Trudeau

26 Wayne Carter Theresa Meldrum

Beth Ann Holmes Renee Deupree Robin Quinn

27 Jackie Cooper Susu Jones Dru Florsheim Blain Coady

28 Henry Coutret Merritt Chastain Foster Gavin

29 Phil Anderson Kelly Larremore Katherine Russo Julian Weber

30 Beth Temple Rachel Stari Connor Peterson Isabella Foster Catherine Schoonover

31 Cindy Millen Henry Byrd

St. Mark's Plans Second Mission Trip to Kasese, Uganda

Our next trip will be in June 2019. Our plans are to work on assisting the young people at the Diocesan cathedral to build a garden reception area that they are working on and to help with building a Sunday school building in a mountain village outside the city. If you are interested in joining us, please let William Weaver or Fr. Thomas know. Our next planning meeting will be January 9 at 5:00 pm in the Parlor. Come help us spread the love and gather Uganda love all in Jesus name.



Greetings!

Hope you all enjoyed your Christmas break. The upcoming trip to Mo-Ranch is only a couple months away.

Please let Fr. Drew know if this is something you plan to attend. We had a great trip last year there, swimming and fishing on the Guadalupe, doing the ropes challenge course, and worshiping at the beautiful outdoor chapel on the hill. Also, there is still time for high schoolers to sign up for Happening and CLEY at Camp Hardtner. If you are interested in attending either camp, please visit **epiwla.org/ministries/youth**

E

Also, I want to draw your attention to the Wednesday evening High School Bible study we have been doing since Fall. This is a great way for high schoolers of different schools to come, bring a friend, and talk about a different passage of Scripture each week. It is a good way to stay grounded in the middle of the week, and to take some time away from the constant duties many of us have and think about the real purposes of life. There is dinner before each Bible study in the Parish Hall, and the Bible study group meets in the Ministry Center after. We hope to see you there!

God's Blessings, Drew





SUNDAY SCHEDULE:

Morning

EYC Group Time 9:30-10:15 AM @ Youth Room in Ministry Center

EYC Evenings

Dinner, Group Activity, & Worship 5:45-7:30PM @ Ministry Center (every Sunday unless otherwise noted on the EYC schedule)

UPCOMING EYC EVENTS:

1/13 – Athletic event versus St. Paul's EYC @ St. Mark's Ministry Center

UPCOMING TRIPS:

Spring Break Trip to Mo-Ranch March 24th-29th, 2019 Open to all EYC High Schoolers and Middle Schoolers

Sewanee Debate Camp

July 16th-24th, 2019 For those entering 9th through 12th Grades in Fall, 2019

> Please contact Drew at Drew@stmarkscathedral.net with any questions



Follow St. Mark's EYC on **Justageous** MiddleSchool@episcoposse HighSchool@smceyc

Children's Christian Formation

9:15 a.m. – 12:30 pm Nursery (newborn to K3 - 3 years old by Sept. 30th) First floor of Parish building next to Catechesis Atriums

9:30 – 10:30 am Sunday School (4th – 5th grade) Second floor of Parish building in the old nursery location

9:30 – 10:30 a.m. Atrium Level II (Grades 1-3) First floor of Parish building

9:30 am Catechesis of the Good Shepherd (K-3 – Kindergarten) First floor of Parish Building - Rooms 105 & 106

10:30 am Children's Chapel (1st – 5th grade) Second floor of Parish building in the old nursery location

Questions or concerns please contact Caroline Reeks caroline@stmarkscathedral.net 318-221-3360 ext. 4065

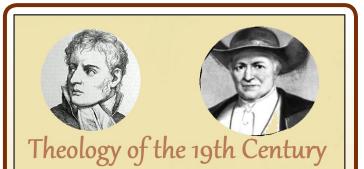


Adult Christian Formation

9:30 am

Way of Love: Practices for a Jesus Centered Life Facilitated by Fr. Thomas Nsubuga *Ministry Center Garden Room*

Christian Theology in the Nineteenth Century Taught by Drew Christiansen *Ministry Center Room* 101



New Adult Sunday School

Fr. Drew will be leading six sessions on Christian theology and belief in the nineteenth century for St. Mark's Sunday morning Adult Ed starting **January 6th at 9:30 AM**. Come and learn about the different theological movements within Anglicanism, Protestantism, and Roman Catholicism which took place in both Europe and North America during this pivotal century, and how certain cultural and philosophical forces of the time influenced the ways in which the nature of the God, church, and religion were understood. We will also be discussing the westward expansion and growth of the Episcopal Church in the United States during this century.



Expectant Moms of St. Mark's

If you are or know anyone who is expecting a child our committee is up and running and is looking for mommies to be. Please contact us at **bess@stmarkscathedral.net** or sign up on our website under family ministries. We hope to welcome mothers into our community. We look forward to hearing from you soon.



The Way of Love

By Thomas Nsubuga

The Old Hymn says it best: "Breathe on me, Breath of God, Fill me with life anew, That I may love what Thou dost love, And do what Thou wouldst do."

That is our prayer for 2019 in the Growing in Grace Sunday School. We want the breath of God to fill us anew as we explore "The Way of

Love," that is Turn, Learn, Pray, Worship, Bless, Go and Rest.

In this rule of life, pioneered by the Presiding Bishop, Michael Curry, we want first of all to turn. We want to figure out how every day we could turn our life like a flower turns toward the sun and turn our lives in the direction of God's love and in the direction of Jesus Christ.

Secondly, we will learn. We want to see what we can learn from the word of God through the reading of Holy Scripture and spiritual material that help to train up the spirit, learn to wrestle with scripture, paying particular attention to those passages in preaching where we actually hear the voice of Jesus.

Thirdly, we will pray. We will explore how to spend some real time

every day in prayer. It does not have to be a long time, but rather, some real time in real prayer. We will look at practices of prayer and different ways of prayer which can help us on that journey.

Fourthly, we will worship. We will see the importance of gathering with the Christian community at least once a week, preferably for the Holy Eucharist, to worship our God, to open our lives to God and be blessed by God and by each other. Fifthly, we will bless. It is a fact that we have been blessed so that we might be a blessing to others. The question is how do we bless? We will learn how we can make a decision each day to live a life that, as John Maxwell says "adds value" to someone so that at every turning in the day, in a moment of

decision making, we are asking, "How can I be a blessing in this day, in this way, in this moment?"

Sixthly, we will go. We will talk about our exit strategy into the world to touch somebody's life, to love the way Jesus loved, to give the way Jesus gave, to forgive the way Jesus forgave and to do justice, to love mercy and to walk humbly with God (Micah 6:8) just like Jesus.

After turning, learning, praying, worshipping, blessing, and going, we will rest. This is the hardest part for many of us. It is not an accident that the seventh day of creation, in the Book of Genesis, is when God saw all that He had made was good and then rested. The soul must rest, the spirit must rest and the body must rest. If God rested, we too must rest.

Come and join us on the journey of love. Turn, learn, pray, worship,

 Learn

 Turn
 Pray

 Rest
 Worship

 Go
 Bless

 HE WAY OF LOVE

Practices for Jesus-Centered Life

bless, go and rest are words or practices that can train up a spirit to follow the way of Jesus. "By entering into reflection, discernment and commitment around the practices of **Turn** - Learn - Pray - Worship - Bless - Go - Rest...we will grow as a community, following the loving, liberating, life-giving way of Jesus. His way has the power to change each of our lives and to change this world" (The Most Reverend Michael B. Curry).

Choral Evensong for January 2019

Choral Evensong will be presented at St. Mark's Cathedral at 5:15 pm on the following dates in January:

> January 13 January 27



Oblationers Needed

Our Hospitality Committee invites parishioners (families, adult singles, siblings, friends) to serve as oblationers (gift bearers) at the 10:30 a.m. Sunday service. This is a meaningful way to serve the faith community. For more information please contact **Bonnie Dubin** at **bdubin@wkhs.com**

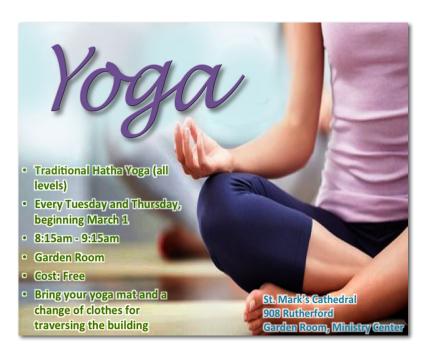
Cathedral School News

By Dr. Chris Carter ccarter@stmarksschool.com

January marks the start of a new calendar year and the midpoint of the academic year. It also marks the time when school administrators spend as much time planning for next year as managing the current year. In particular we turn to issues of enrollment and staffing.

Re-enrollment for current families begins January 7, and open enrollment for new families will begin in February. Remember to call the admissions office if you want to schedule a tour and consider enrolling a child next year. Our preschool 2 and 3 openings will be very limited, so don't wait!

Last month, two very long-serving parishioner faculty members announced their retirement as of the end of this academic year. Karol Fontaine, our wonderful P.E. teacher, and Olivia Bradley, our fabulous French Teacher and Middle School Director will step down, and they leave big shoes to fill! The process of filling both openings has begun, with the intent of announcing Karol's and Olivia's successors sooner rather than later. I have appointed an advisory search committee to assist in selecting a new Middle School Director. Current School board members Rodney Varnadore and Alex Rowe, and former School Board Chair Kevin Pavlick have all graciously agreed to serve on that committee. Rodney and Kevin are both parishioners as well. I hope everyone in the parish knows the great ministries of Karol and Olivia and will join me in wishing them well as they step into new chapters of life. The school will celebrate their tenures appropriately nearer to the end of the year, but for now we enjoy this final semester with these two wonderful educators!



MEMORIAL FLOWERS

January 6

The Flowers on the High Altar and Chapel Altar are given to the glory of God and in loving memory of Ashley Rose Rollo and in thanksgiving for the marriage of Kristen Rollo and William Hall.

January 13

The Flowers on the High Altar are given to the glory of God and in loving memory of Carolyn Querbes Nelson, and Nell and George Nelson.

The flowers on the Chapel Altar are given to the glory of God and in loving memory of Ali Davis.

January 20

The Flowers on the High Altar are given to the glory of God and in loving memory of John Dunbrack Ewing, Jr., and John D. and Helen Gray Ewing.

The flowers on the Chapel Altar are given to the glory of God and in loving memory of Raymond F. "Buddy" Kayser, Jr.

January 27

The Flowers on the High Altar are given to the glory of God and in loving memory of The Friend Family, The Woodard Family, Mr. & Mrs. C.S. Dean, Sr., and Mike Dean.

BIRTHS

Ulysses Lincoln Coleman, V, on November 19, 2018. Parents are Ashley & Lincoln Coleman. Grandparents are Mary Frances & Linc Coleman.

BAPTISMS

Elizabeth Clare Shaughnessy, daughter of Morgan & John Shaughnessy, on December 15, 2018.

WEDDINGS

Those whom God has joined together, let no one put asunder.

Annelise Rachel Jonkes & Seth Charles Harrison, on December 1, 2018.

Caroline Elizabeth Wiggins & Delton Harrison Smith, on December 31, 2018.

DEATHS

Rest Eternal grant to them, O Lord; and let light perpetual shine upon them.

Dr. Joseph Fisher, uncle of **Liza Johnson**, on November 20, 2018.

Jed Jones, father of Carson, Landry & Jacob Jones, on November 22, 2018.

Millicent "Mimi" Cunningham, grandmother of Michelle Roberts, great-grandmother of Mary Marshall & Caroline Roberts, on November 24, 2018.

Madge Haynes Mobley, mother of **Jill Carnie**, grandmother of **Mobley Carnie**, on November 29, 2018.

Brooklynn Blair Dunn, daughter of **Christie** & Adam Dunn, sister of **Gabrielle Dunn**, granddaughter of **Holli & Pat Hennessy**, great granddaughter of **Chris Stoll**, on December 8, 2018.

Dathene Brown, mother of **Mickey Brown**, on December 21, 2018.

Myra Parkes Winder, wife of Dr. Paul Winder, on December 26, 2018.

May their souls, and the souls of all the departed, through the mercy of God, rest in peace. Amen.

Vestry Slate Announced

Pursuant to the by-laws of St. Mark's Cathedral the Nominating Committee has nominated a slate of persons to be elected at the Annual Meeting to be held on Sunday, January 27, 2019 to serve four year terms on the Vestry of St. Mark's Cathedral.

The following members are rotating off the Vestry this year and will be honored for their service:

Caffery Brown Amy Lewis Kevin Payne Darrell Rebouché



by Rev. Drew Christiansen

January 1907 – Nearly nine years before Rev. Dr. James Owen's installation at St. Mark's in Shreveport, accolades were sung of him from the vestry of St. Paul's parish in Norfolk, VA. Upon Owens' ministry moving on from St. Paul's to another parish at that time, the vestry praised his time with them as "marked by a high endeavor, earnest zeal, and splendid achievement." They thanked Owens for his "sympathetic ministrations in times of affliction, his unflinching efforts for the promotion of true righteousness, and for the upbuilding of our church and community according to the highest Christian standards." *

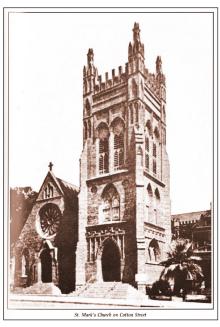
January, 1956 – According to the annual report of the Church Library Committee, 2,479 books were circulated during the year of 1955 prompting the installation of new and permanent bookshelves. A member of the committee was responsible for staffing the church library on Sunday and weekday mornings!

January, 1972 – the first annual "Polaroid Scavenger Hunt" was held on January 9th followed by an awarding of prizes and dinner in the Parish Hall. If anyone presently at St. Mark's either witnessed this event or partook in it, and they remember what exactly this scavenger hunt entailed. Many here at St. Mark's are likely curious to learn more about it.

January, 1977 – St. Mark's Cathedral and St. Mark's Cathedral School acquired the old Barrett property, expanding their campus space and used to this day.

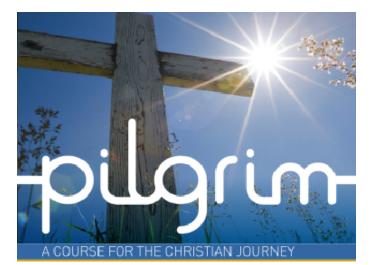
*We thank the staff of Noel Memorial Library for generously sharing the LSUS

Northwest Louisiana Archives for this information, and for their continuing work in preserving St. Mark's history.



Come Sample Our Pilgrim Course

Since September 5, St. Mark's Cathedral has been running the Pilgrim Course. The Pilgrim course is structured in four booklets in the Follow stage and four booklets in the Grow stage. The idea of the Follow and the Grow stage is that each of the Follow stage has a Grow stage; for example turning to Christ in the Follow stage has the Creeds in the Grow stage; the Lord's Prayer has the Eucharist, the Commandments have the Bible, the Beatitudes have the Church and the Kingdom. In other words you have four questions that are answered at two levels. Question one: What do Christians believe? In the Follow stage by turning to Christ and in the Grow stage by the Creeds. Question two: How do Christians' know and worship God? In the Follow stage is by the Lord's Prayer and in the Grow stage by the Eucharist. Question three: How do Christians behave? In the Follow stage through the Commandments and in the Grow stage through the Bible. And the final question: What is the Christian's vision for the world? In the Follow stage is the beatitudes and in the Grow stage it is the Church and the Kingdom.



This course is designed for people who are interested in discipleship. In church we think especially of new Christians who need to learn the way of discipleship. The fact is that we are all disciples and therefore the pilgrim course is for everybody on the Christian journey because it asks the basic fundamental questions about who we are as followers of Christ and what enables us to be good followers of Jesus Christ. Because disciples are people who learn, we are all called to learn throughout our Christian journey; throughout our Christian life. Yes, the Pilgrim Course is for new Christians who want, in particular, to explore the life in Christ as they begin to work out what it means to be a disciple but also the Course works really well for people who are already established Christians. It is for this reason that we are recommending the Course for the confirmation class this year. If you would like to be confirmed in 2019, make sure that you join the ongoing Pilgrim Course. If you have missed the first sessions visit with the dean abjohnson@ stmarkscathedral.net or subdean Thomas@stmarkscathedral. net and we will work with you to make up for the missed sessions.

St. Mark's Cathedral (Episcopal)

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Fax: (318) 424-8427 0985-122 (818)

www.stmarkscathedral.net

Address Service Requested

rowena@stmarkscathedral.net wayne@stmarkscathedral.net

thomas@stmarkscathedral.net

The Rev. Dr. Wayne Carter (Associate Clergy)

Bess Maxwell (Administrative Assistant) bess@stmarkscathedral.net

becky@stmarkscathedral.net

(Financial Office Manager)

Becky Deverts

john@stmarkscathedral.net

drew@stmarkscathedral.net

(Canon for Cathedral Music)

Bryan T. Mitnaul

John Scheel (Facilities Manager)

bryan@stmarkscathedral.net

The Rev. Drew Christiansen (Curate)

cynthia@stmarkscathedral.net Beth Reeks

Events and Hands-on Outreach Ministry) jennifer@stmarkscathedral.net Cynthia Anderson (Receptionist)

(Minister for Pre-K Children's Programs)

preschool.beth@gmail.com

(Children's Catechesis Support)

caroline@stmarkscathedral.net

Caroline Reeks

Katie-Beth Davis

(Nursery Coordinator)

smcnursery1@gmail.com

Jennifer Beruvides (Coordinator for

2018

(Dean)

(Sub-Dean)

(Canon)

(Bishop of Western Louisiana)

The Very Rev. Alston Johnson

The Rev. Thomas Nsubuga

The Rev. Dr. Rowena White

abjohnson@stmarkscathedral.net

The Rt. Rev. Jacob W. Owensby

bishopjake@diocesewla.org

Caffery Brown Amy Lewis Kevin Payne Darrell Rebouché

2019 Melissa Flores Ionathan Hardtner Sanders Hearne Dan Koruna **Doug Rountree**

2020 Matt Coady Carol Anne Caraway **Bob Ewing** Brandy Griffes Debbie Hall

2021 Marilyn Kirkland Lisa Love Cody Mayo William Weaver Bud Westmoreland

Members of the Vestry of St. Mark's Cathedral Lad Shemwell, Senior Warden – Bill Kalmbach, Junior Warden – Murray Viser, Treasurer – John Reeks, Chancellor