

The Evangelist

ST. MARK'S CATHEDRAL

SHREVEPORT, LOUISIANA

www.stmarkscathedral.net

In Life's Deep Waters

by the Very Rev. Alston B. Johnson

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I am a rock

I am an island

And a rock feels no pain

And an island never cries . . .

Dear Friends –

These lyrics were like an anthem for many in a generation of the 60's and 70's; young people searching for meaning and purpose in the midst of an ever changing social fabric. What we are noticing some 40-50 years later is that being an island in the midst of the social steam is a tremendous burden for many. Loneliness and isolation have become an epidemic in some places.

I was recently searching the internet for articles about social isolation and electronic connectedness. There is a strange and paradoxical situation – we are connected in time and space with hundreds and sometimes thousands of other individuals, we still sometimes feel a crushing sense of isolation. It is like being in the midst of a candy store, an all-you-can-eat candy store, and what we are really hankering for is some meatloaf and hamburger steak. All carbs – no protein.

You can feel it on the bus, in school, at the shops: the threat of isolation, hardwired into our lives. {Deborah Orr The Guardian Dec 16, 2017}

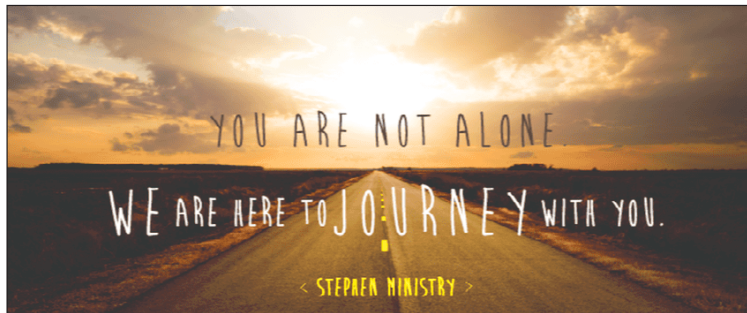
We are losing some of the “all in it together-ness” of life; in the world of hyper-individualism, hyper-performance, hyper-self-actualization, where and when is there simply a time to be off grid and a child of God. In England, there was a year-long study on social isolation – Jo Cox Commission on Loneliness – that discovered what most of us already know: the old glue is evaporating.

The Cox report mentions social institutions that are becoming a less and less common aspect of people's daily lives – church, local pub, workplace, social club. Even schools feel like high-pressure

environments rather than places where people are nurtured and coaxed through childhood.

We are substituting electronic and cyber communities for actual people and places, and for many this leads to a sense of not really being connected to anyone. One of the vocational callings of the Church at the moment is to give some a “neighborhood,” a backyard, a coffee pot for folks when there seems to be no other place to go where folks know and care.

I am grateful that our congregation is embracing our ever-growing and deepening Stephen Ministry. Sometimes folks ask me about Stephen Ministry – what is it? Is it therapy? Is it mentoring? Is it a 12-step program? I tell them that it is simply companionship within the Church; it is a fulfilling of the promise that Christ gives us to walk with us through life's valleys, and it is a fulfillment of our promise to walk with one another through life's challenges.



Stephen Ministers are folks who have generally, not always, but generally taken a turn swimming in the deep waters of life. They do not have all the answers, but they have answered a particular call to be “present” to others who find themselves in life's deep water. They are also committed to the holiness

and confidentiality of individual experience; our story remains our story.

“Stephen Ministers are laypeople—Christian men and women—trained to provide one-to-one care to people experiencing a difficult time in life, such as grief, divorce, job loss, chronic or terminal illness, relocation, or separation due to military deployment. Stephen Ministers come from all walks of life. Their commonality? A passion for bringing Christ's love and care to people during a time of need. Since 1975, more than 600,000 people from more than 13,000 congregations and other organizations have been trained as Stephen Ministers.”

In the days ahead please keep the ministry of our St. Mark's Stephen Ministry Team in mind for friends and family, perhaps yourself, as an available “lifeline” should loneliness and isolation descend in the midst of life's demands. Although we all have the right to be an island, it is not necessary, nor is it something that Jesus ever recommends to those who follow Him.

Blessings and Godspeed
Alston Johnson, Dean

To love and serve Christ. To love and serve one another in Christ. To love and serve the world for Christ.

SUNDAY WORSHIP

8:00 am, 10:30 am & 6:00 pm Sunday

Holy Eucharist

Holy Unction offered at 8:00 am,

10:30 am and 6:00 pm

5:30 pm Friday

Holy Eucharist (uses the Sunday Propers)

FEBRUARY 3, 2019

The Fourth Sunday after the Epiphany

Jeremiah 1 :4-10

1 Corinthians 13 :1-13

Psalms 71 :1-6

Luke 4 :21-30

FEBRUARY 10, 2019

The Fifth Sunday after the Epiphany

Isaiah 6 :1-8

1 Corinthians 15 :1-11

Psalms 138

Luke 5 :1-11

FEBRUARY 17, 2019

The Sixth Sunday after the Epiphany

10:30 a.m. Holy Eucharist & Baptism

Jeremiah 17:5-10

1 Corinthians 15 :12-20

Psalms 1

Luke 6:17-26

FEBRUARY 24, 2019

The Seventh Sunday after the Epiphany

Genesis 45:3-11, 15

1 Corinthians 15:35-38, 42-50

Psalms 37:1-12, 41-42

Luke 6:27-38

Parish Meeting

The annual Parish Meeting was held January 27, 2019. New Vestry members elected for a four year term ending in 2022 are:

Ellen Alley
Mike Ameen
Oliver Jenkins
Brad Massad
Emily Merkle

Vestry members rolling off are Caffery Brown, Amy Lewis, Kevin Payne & Darrell Rebouche.

Copies of the annual report are available in the church office.

Yoga

- Traditional Hatha Yoga (all levels)
- Every Tuesday and Thursday
- 8:30 am - 9:30 am
- Garden Room
- Cost: Free
- Bring your yoga mat and a change of clothes for traversing the building

St. Mark's Cathedral
908 Rutherford
Garden Room, Ministry Center

Weekday Worship at the Cathedral

Weekdays except Wednesdays:

7:00 a.m. Morning Prayer

Wednesdays:

7:00 a.m.

Holy Eucharist

Fridays:

Noon

Holy Eucharist

& Healing service

5:30 p.m.

Holy Eucharist

(The 5:30 service is an option for those who cannot attend Sunday worship.)



Lost Anything at Church?

Or maybe you're just missing some item and have no idea where it might have gone. Drop by or call the church office and check into our lost and found! We have everything from sunglasses to scarves to cell phones to jewelry (including some very nice pieces.) Check and see what you're missing!

HAPPY BIRTHDAY

February 1

Joy Ratcliff
Stan Hancock
Taylor Love
Jeffrey Brainard

2

Lennis Elston
Matt Locke
Brooke Shemwell

3

Carolyn Sheridan
Bettie Hastings
Laurie Bijou

4

Marilyn Kirkland
Candace Higginbotham
Scotty Denhollem
Kyle McInnis

5

Dalton Bijou
Marsha Friedrich
Ashley Jackson
Meredith Waltman

6

Sandy Dean
Ashley Kislá
Ashley McConnell

7

Nancy Cesario
Richard Liles
K. Michael Kilcline
Watterson Young
Nicholas Fontana
Kathryn Jackson

9

Scott Grounsell
Gwenn Coley
Jake Stroud
Celia Blanchard

10

D. Wesley Attaway
Elizabeth Gore
Morgan Ersoff
Colin Carter
Gaines Harris

11

Kim Kayser
Madison Ersoff

12

Lory Tubbs
Lynn Poole
Mickey Brown
Caffery Brown
Caitlin FitzGerald

Austin Sullivan

Spencer Hardtner

13

Zach Carter
William Stroud

Mary Stari

Michael Ameen, III

14

John Butcher
Vicki Johnson

Lee Smith

John White

Reid Jones

Elizabeth O'Neal

Caroline Schoonover

15

Anita Berg
Dare Johnson
David Drummond
Kamarie Childs
Virginia Elbersen

16

Joan Gresham
Arthur Seale
Kip Porter
Stella Porter
Alexander Schoonover

17

Karen Kennedy
Ardie Cesario
Carl Pendley
Catherine Humphrey

18

Twylla Seaman

19

Mary Jo Kayser
Holli Hennessy
Michael Ameen
Layne LeBleu

20

Fran Hewett

21

Carol Anne Caraway
Mario Villafuerte
Don Huguley
Thomas Nsubuga
Jackie Fontana
Gaffney Nelson

22

Deneé Locke
Karla Querbes
Benjamin Johnson
Carson Massad
Ella Bylsma
Ford Gillen

23

Pede Adams
Melissa Harris
Jay Crooms
Nicole Cotter
Frances Jenkins

24

Cass Gaiennie
Deanna Kamphuis
Catherine Allen
Anna Sanderson
William Guthrie

25

Sara Hearne
Leigh Ann O'Brien
Suzanne Otto

26

Hugh Walmsley
Danielle Dean

27

Jon Q=Petersen
Donna Touchstone
Samantha Powers
Thompson Berry

28

Joe Cage
Caroline Reeks

Music & Worship

**The Choir of St. Thomas Church,
Fifth Avenue NYC in Concert
at St. Mark's Cathedral**

**Tuesday, March 19, 2018
7:00pm**

*Details and Program in the
March Evangelist*



Choral Evensong for February 2019

Choral Evensong will be presented at
St. Mark's Cathedral at 5:15 pm on the
following dates in January:

February 3

February 10

February 24

Evensong Structure

The **Responses**, sung by the Officiant and the choir.

A **Psalm** or Psalms appointed for the day, sung by the choir.

A **hymn** sung by the choir and congregation.

The **First Lesson** appointed for the day.

A setting of the **Magnificat** sung by the choir.

The **Second Lesson** appointed for the day.

A setting of the **Nunc dimittis** sung by the choir.

The **Apostle's Creed**, chanted or spoken by the choir and congregation.

Prayers sung by a priest and the choir.

The **Evening Collects**, chanted or spoken by a priest.

An **anthem** appropriate for the day, sung by the choir.

A **prayer** said by a priest.

A **hymn** sung by the choir and congregation.



MO RANCH TRIP 2019

March 24th-29th
Contact Drew@stmarkscathedral.net
for information and costs

St. Mark's EYC News

Are you someone who likes to debate? In high school, I liked to debate. In fact, I remember in U.S. Government class, there was a project where we each had to write a bill and argue it before the class. I wrote a bill to abolish the Electoral College, and really got into arguing my points (that was of course about 15 years ago, and I have switched sides on the issue, maybe in the future I will switch again).

I mention this because there is a debate camp every Summer. Of course, it isn't a political debate camp. At the University of the South in Sewanee, there is a weeklong camp titled Summa open to people entering 9th-12th grades. It is a theological debate camp where students learn how to critically and creatively build on their faith and to take a position, from a faith standpoint, on an ethical issue. Through the camp, one develops the skills to explore faith in relation to these issues, express oneself clearly, and to argue lovingly- just as the Bible tells us to "speak truth in love" (Ephesians 4:15). If you are currently in 8th through 11th grade, and are interested in this this Summer, please let me know. Cost details and more information on the camp can be found on the following link: <http://summa.sewanee.edu/camp-2019/>

St. Mark's EYC can assist with any costs of the camp. Please discuss this with Fr. Drew to determine how much St. Mark's will contribute toward the camp.

Also, we are getting excited for our upcoming second Spring break trip to Mo Ranch in Hunt, TX. We had a great trip last year. We will be leaving on March 24th and coming back on March 29th. Please contact me if you are interested in going this year and/or would like further information and cost details of the trip. The following is what one of our EYC high schoolers thought about our trip last year:

"Mo Ranch had to have been one of the best trips I have ever been on. All the water activities were the best like the water slide, fishing, swimming, and canoeing. It was fun to go see all the places in the area and to go eat at all different types of restaurants. There were so many places to go to and pray. The views were the most beautiful thing about Mo Ranch. Mo Ranch was one of the most fun and relaxing trips I have ever been on. I can't wait to go again."

—Barro Massad, EYC High Schooler

God's Blessings,
Drew

SUNDAY SCHEDULE:

Morning

EYC Group Time
9:30-10:15 AM @ Youth Room in
Ministry Center

EYC Evenings

Dinner, Group Activity, &
Worship 5:45-7:30PM @ Ministry
Center (every Sunday unless
otherwise noted on the EYC
schedule)



UPCOMING TRIPS:

Spring Break Trip to Mo-Ranch

March 24th-29th, 2019
Open to all EYC High Schoolers and Middle
Schoolers

Sewanee Debate Camp

July 16th-24th, 2019
For those entering 9th through 12th Grades in
Fall, 2019

Please contact Drew at
Drew@stmarkscathedral.net
with any questions



Follow St. Mark's EYC on
Instagram

MiddleSchool@smc_eyc_middle
HighSchool@smceyc

St. Mark's EYC High School Bible Study

Wednesdays 6-7pm (dinner @ 5:30 before)



2019 Summer Camp Schedule

Registration opens in January!

| | | |
|---|-------------------------|--------------|
| First Camp <small>Grades 2 and 3, with parent/guardian*</small> | May 31 - June 2 | \$200 |
| Primary Camp <small>Grades 4, 5, and 6*</small> | June 16 - 21 | \$475 |
| Jr. High Camp <small>Grades 6, 7, and 8*</small> | June 25 - July 1 | \$575 |
| Mid. High Camp <small>Grades 9, 10, and 11*</small> | July 7 - 13 | \$575 |
| Sr. High Camp <small>Grades 11, 12*, and recent graduates</small> | June 5 - 12 | \$675 |
| Camp Able <small>Ages 9 and up with special needs</small> | July 17 - 21 | \$400 |

www.camphardtner.org
X 318.765.3794 X
f t i y o

*Grade based on 2019-2020 school year



After-Church Confirmation Class

Youth in 8th and 9th grade who have not been confirmed yet and are interested in being confirmed at St. Mark's this Fall need to sign up for the after-church Sunday confirmation classes. They will begin on March 3rd and run through May 19th. There will be no classes on March 31st and April 21st. Please contact **Fr. Drew** at Drew@stmarkscathedral.net for information or to sign up.

This course will provide an overview of the distinctive beliefs and practices of the Anglican Communion, as represented by the Episcopal Church.

Children's Christian Formation

9:15 a.m. – 12:30 pm Nursery

(newborn to K3 - 3 years old by Sept. 30th)

First floor of Parish building next to Catechesis Atriums

9:30 – 10:30 am Sunday School (4th – 5th grade)

Second floor of Parish building in the old nursery location

9:30 – 10:30 a.m. Atrium Level II (Grades 1-3)

First floor of Parish building

9:30 am Catechesis of the Good Shepherd (K-3 – Kindergarten)

First floor of Parish Building - Rooms 105 & 106

10:30 am Children's Chapel (1st – 5th grade)

Second floor of Parish building in the old nursery location

Questions or concerns please contact Caroline Reeks

caroline@stmarkscathedral.net 318-221-3360 ext. 4065

2019 Children's Holy Communion Celebration

The 2019 Children's Holy Communion Celebration will be held on the weekend of **April 27th & 28th**. Children will meet that Saturday morning with Fr. Drew and Caroline Reeks from 10:00-11:00 am, followed by an instructed Eucharist for youth and parents, and then lunch afterward. Parents will be needed to help set up for lunch from 10:00-11:00 am. Please direct any questions to **Fr. Drew** at Drew@stmarkscathedral.net

Adult Christian Formation

9:30 am

The Way of Love: Practices for a Jesus Centered Life

Facilitated by Fr. Thomas Nsubuga

Ministry Center Garden Room

Christian Theology in the Nineteenth Century (Feb. 3 & 10)

Taught by Drew Christiansen

Foundations of Apologetics Feb. 17 & 24)

Taught by Dean Alston Johnson

Ministry Center Room 101

Cathedral Coffee Time



9:00 - 9:30 am
in the Parlor

MEMORIAL FLOWERS

February 3

The flowers on the High Altar are given to the glory of God and in loving memory of Frank John (Jack) Reeks, Sr.

The flowers on the Chapel Altar are given to the glory of God and in loving memory of Val A. Lyons.

February 10

The flowers on the High Altar are given to the glory of God and in loving memory of Paula Minor Coleman, Rowena Cowan Minor, Genevieve Davis Younker, Edwin Carroll Minor and Joseph Francis Loftus.

The flowers on the Chapel Altar are given to the glory of God and in loving memory of Edwin Earl Jones and Claude Eldred Drumm, Jr. and in celebration of the birthday of Reid Allen Jones.

February 17

The flowers on the High Altar are given to the glory of God and in loving memory of Martin Poole and John & Iva Engelage, and in honor of the baptism of Ryleigh Elizabeth Nelson, Evelynn Maurie Nelson & Kashden Martin Kisla.

The flowers on the Chapel Altar are given to the glory of God and in loving memory of TBD

February 24

The flowers on the High Altar are given to the glory of God and in loving memory of Mr. & Mrs. Henry Brevard Clay, Mr. & Mrs. John Dunbrack Ewing and Nell Fish.

The flowers on the Chapel Altar are given to the glory of God and in loving memory of Tom & Mary Crichton and in honor of the wedding anniversary of Scott and Susie Crichton.

WEDDINGS

Those whom God has joined together, let no one put asunder.

Kristen Michelle Rollo & William Guston Hall, on January 5, 2019.

DEATHS

Rest Eternal grant to them, O Lord; and let light perpetual shine upon them.

Ruth Knighton Atkins, mother of **John Atkins,** on January 17, 2019.

May their souls, and the souls of all the departed, through the mercy of God, rest in peace. Amen.

BAPTISMS

Charlotte Morgan Brown, daughter of **Jennifer & Timothy Brown,** on January 20, 2019.

Eleanor Loren Iris McGlothlin, daughter of **Kimberly & Michael McGlothlin,** on January 20, 2019.

Cathedral School News

By Dr. Chris Carter

ccarter@stmarksschool.com

One of the great joys of leading a parish day school such as St. Mark's is the opportunity for interaction and collaboration between school and church. Many parishioners may not realize how involved Cathedral clergy and staff are in the school. In many ways throughout our week and year, our students and families benefit through the ministry of those whose primary work is in the Cathedral.

Throughout the week each division of the school has its own age-appropriate chapel service with Chaplain Judy Kane or myself as the officiant, but every Friday the Lower and Middle Schools have Chapel together in the Cathedral. Family Chapel is an important tradition and an anchor of our Episcopal identity. Cathedral clergy always officiate at Family Chapel and usually preach. Fr. Drew is there most Fridays but Fr. Thomas and Dean Johnson also rotate in. On Fridays also, Canon for Cathedral Music Bryan Mitnaul plays the organ and leads our school choir of 5th and 6th graders. Canon Mitnaul works with the choir every Wednesday. It is truly a blessing to have

his musical skills enriching our worship and inspiring our students.

In addition to his time in Chapel, Fr. Drew is highly involved with Middle School students. He leads a Bible study on Wednesday mornings, "Biscuits and Bibles," and teaches confirmation class, "Intro to the Episcopal Church" as an elective for 8th graders. Dean Johnson and Fr. Thomas sometimes guest teach in that class and are always available for pastoral purposes and the incarnational ministry of being with us throughout the day.

Other Cathedral staff members contributions to the school are perhaps less visible but no less important. Bess Maxwell makes our bulletins for Chapel each liturgical season. Ora McClinton helps clean and monitor the Parish Hall for lunch every day. And of course facilities manager John Scheel and Mark Deverts keep everything running efficiently!

In these and so many other ways we in the school are blessed and enriched by our relationship with the Cathedral. Thanks be to God!

St. Mark's History

by Rev. Drew Christiansen

February 1978: The Great Masterpiece Theatre series presents Requiem Opus 9 by Maurice Durufle, conducted by William Teague and featuring the Shreveport Symphony and the choirs of St. Mark's, 1st Presbyterian, and 1st Methodist.

February 1989: On February 3rd, the Shreveport Convocation of the Diocese of Western Louisiana held a choral event



*Gerre Hancock,
guest conductor*

Let All The World. The theme of the service was to "trace in word and music the progression of the Gospel from Christ's Great Commission to the first ministrations of the Gospel in Northwest Louisiana." Modeled after a Lessons and Carols type of service, this event commemorated 2,000 years' worth of church history by having a hymn and a reading based on each historical event showcased in the upper level stained glass windows in the Cathedral. The choir and orchestra were conducted by Dr. Gerre Hancock

of St. Thomas Church in New York City. The readers were comprised from different clergy from around the Shreveport Convocation.

February 1997: A look at a Sunday bulletin from February 9th shows several interesting Adult Sunday School classes. At 8:45 am there was a Lectionary Bible Class in Room 103 of the Ministry Center taught by Tom Watts, which was a Bible study on the Scripture readings of the day. At 11:10 am you could attend a class in Room 101 & 103 (so the room was opened up) titled *The Feminine Face of God* taught by Gelinda Viviano of St. Jude's Catholic Church in Bossier City. The fifth session was this day and focus was on how "our images of God play out in our lives." Also at 11:10 am there was a class titled *The Adult Journey* taught by John Bennet Waters in Room 102 & 104, and a Bible Study on the Book of Genesis with Canon George Gennuso.

All information courtesy of the LSU Shreveport Archives.

We Need Fruit Again!

Spring fruit signups for Community Renewal Friendship Houses are available! Stop by the church office and sign up! Your donation of fruit allows after school programs to provide fresh fruit snacks to hungry children and teens!



Oblationers Needed

Our Hospitality Committee invites parishioners (families, adult singles, siblings, friends) to serve as oblationers (gift bearers) at the 10:30 a.m. Sunday service. This is a meaningful way to serve the faith community. For more information please contact **Bonnie Dubin** at bdubin@wkhs.com

EEC Event

The next EEC event will be on **Friday, February 8 at 6:00 pm** in the **Parish Hall**. We will be making and filling Valentine's Day bags for the residents at the Volunteers of America, McAdoo House. There will be pizza and other fun activities! Come join the fun! Any questions, please email **Erin Dicharry** at ejack4@gmail.com!

Ale & the Almighty

The next Ale & the Almighty will take place on **Tuesday, February 26, 7:00-9:00 pm** at **Frank's Napoletana Pizza**. St. Mark's member Dr. Sanders Hearne will lead a discussion on things that can help us on our spiritual journey and a talk a little about his own walk in faith.



Please join us!



St. Mark's Physical Training
Monday-Friday 5:30 am at the Cathedral

Members of the Vestry of St. Mark's Cathedral

Lad Shemwell, Senior Warden – Bill Kalmbach, Junior Warden – Murray Viser, Treasurer – John Reeks, Chancellor

| 2019 | 2020 | 2021 | 2022 |
|-------------------|--------------------|------------------|----------------|
| Melissa Flores | Matt Coady | Marilyn Kirkland | Ellen Alley |
| Jonathan Hardtner | Carol Anne Caraway | Lisa Love | Mike Ameen |
| Sanders Hearne | Bob Ewing | Cody Mayo | Oliver Jenkins |
| Dan Koruna | Brandy Griffes | William Weaver | Brad Massad |
| Doug Rountree | Debbie Hall | Bud Westmoreland | Emily Merkle |

The Rt. Rev. Jacob W. Owensby
(Bishop of Western Louisiana)
bishopjake@diocesewla.org

The Very Rev. Alston Johnson
(Dean)
abjohnson@stmarkscathedral.net

The Rev. Thomas Nsubuga
(Sub-Dean)
thomas@stmarkscathedral.net

The Rev. Dr. Rowena White
(Canon)
rowena@stmarkscathedral.net

The Rev. Dr. Wayne Carter
(Associate Clergy)
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The Rev. Drew Christiansen (Curate)
drew@stmarkscathedral.net

Bryan T. Mitnaul
(Canon for Cathedral Music)
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John Scheel (Facilities Manager)
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Becky Deverts
(Financial Office Manager)
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Bess Maxwell
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Cynthia Anderson (Receptionist)
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Beth Reeks
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preschool.beth@gmail.com

Caroline Reeks
(Children's Catechesis Support)
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Katie-Beth Davis
(Nursery Coordinator)
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